LEE COUNTY





THE VOICE OF LEE COUNTY MEDICINE

VOLUME 13, NO. 7

Fort Myers, Florida

November, 1991

John W. Snead, M.D., Editor

NOVEMBER MEETING

Mr. Gary J. Clarke, Assistant Secretary of HRS will be with us to discuss the Medicaid Program. Please plan to attend and learn about this program. He will try to answer all of your questions.

MEDICAL SOCIETY MEETING

Royal Palm Yacht Club

Cocktails 6:30 Dinner 7:00 P.M.

NOVEMBER 18, 1991

SPEAKER: Gary J. Clarke Assistant Secretary, HRS

"Florida's Medicaid Program"

"DINNER BY RESERVATIONS ONLY"

PLEASEIII

L.C.M.S. Members: All reservations must be made by Friday noon before the Meeting on Monday. Cancellations should be no later than noon on Monday. The Society must pay for all reservations made.



Holiday Charities selected: Immokalee Neighborhood Services Children's Home Ella Piper Center

More on this project in The December Bulletin

PRESIDENT'S MESSAGE



WILLIAM P. EVANS, M.D.

The Annual Meeting of the Florida Medical Association was held in Orlando the last week of September. We had 10 Delegates at the Meeting, all of whom gave up 4 days of their practice to represent Lee County. I would like to take this opportunity to thank all of them for their time and participation. We were well represented.

About one week prior to the Meeting, the Southwest Florida Caucus comprised of Sarasota, Manatee, Charlotte, DeSoto, Hardee, Glades, Lee and Collier Counties met as a Caucus in Sarasota. Our guest was Rep. Porter Goss. We spent about two hours with him. He listened to our concerns about a number of topics, including health care delivery, Medicare, RBRVS reimbursement, PRO Medicare, RBRVs reimbursement, PRO and our frustrations with the system. I think it is fair to say that Porter Goss supports organized medicine and is sympathetic to our cause. He is an astute listener and seems to understand the issues well. We hope his insight will be communicated in Washington.

As far as the FMA Meeting is concerned a lot of issues were raised. I concerned a lot of issues were raised. I can't discuss all of them, but several bear mentioning. One of the most important was the issue of Osteopathic Membership in the FMA. This was debated by the House of Delegates and a decision was made to allow D.O.'s who have completed at least one year of AOA have completed at least one year of AOA approved post-graduate training admission into the FMA. The central issue here was the quality of Osteopathic training programs, and the residency review process. This has been investigated by the FMA, and it was the Membership Committee's recommendation to make this step. There is certainly increased political and economic strength with greater numbers and we hope this will occur. Both groups have common problems and common goals.

and common goals.

Secondly, the FMA House of Delegates supported a resolution for the FMA to submit a bid on the upcoming

(Continued on page 2)

MINI INTERNSHIP . . . IT WORKS!

by Marcia Anderson, Marketing Communications, Lee Memorial Hospital

"Hard-work" took on new meaning for me recently. I participated in the Lee County Medical Society's Mini Internship program, a two-day whirlwind stint shadowing a different physician each day. I found the inner working of "a day in the life" of a doctor

Medical Society's Mini Internship program, a two-day whirlwind stint shadowing a different physician each day. I found the inner working of "a day in the life" of a doctor to be eye-opening, to say the least.

The Medical Society began this program to help community leaders better understand what our physicians face daily. It also dispelled some common stereotypes, such as that doctors make an inordinate amount of money; are in medicine just for the money; and are always late for appointments. Anyone participating in the Mini Internship Program will quickly realize the contrary - that doctors are indeed sensitive, compassionate, committed and work extremely long and hard hours.

The first day, Dr. James Reeves Jr., Oncology, and I met at Lee Memorial at 7 a.m., completed rounds, reviewed charts and saw numerous patients. We did the same at Cape Coral Hospital. I thought I was tough, but I already had more than a few cups of coffee and was wondering if all doctors did this routine daily.

At his office, Dr. Reeves didn't miss a beat - we were off and running from the minute we arrived. I was prepared to be upset all day, as people had warned me that working with cancer patients would be very depressing. I found the opposite to be true. Between patients, Dr. Reeves returned patient phone calls, as well as discussed cases with his partners and staff, all with me at his heels observing his every move.

I was impressed with how well he worked with his patients. It was obvious each patient meant as much to him as the one before. "Quality Time" kept coming to mind, as each patient received his full attention. I watched a bone marrow sampling and kept my composure. I was there when he told a patient she had cancer and listened and watched the compassion on his face. After seeing what felt like a hundred people, we had time to down a fast food lunch. After the day was finished, we attended the Medical Society's monthly meeting. I was on my last legs, and was fast appreciating the studies of the contraction of the progra

monthly meeting. I was on my last legs, and was fast appreciating the stamina necessary to maintain this grueling routine.

Day two was spent with Dr. Ben Martin, Ophthamology, at the Cape Coral Eye Center. I vowed not much would surprise me this day. I was wrong. In a totally different atmosphere, we saw patient after patient. People looked to him for the answers and atmosphere, we saw patient after patient. Feeple looked to film for the alissest and trusted his judgement. One particular situation stuck in my mind: A patient was upset because Dr. Martin was running just a few minutes late. He handled it expertly, but the situation hit home with me, "Ms. Impatient." Yet, I saw that he was aware and concerned whether he was on schedule and certainly wasted no time in between patients. Each person received the time and care they needed. I decided that had I been the patient, I

would want no less.

The internship is a valuable tool for our physicians and for the community. It's always enlightening to learn - or rather experience - another's point of view. The amount of knowledge these physicians have and their ongoing efforts in keeping up with the latest technology are invaluable to our community. The Mini Internship program gave me a real insider's view - It's hard work, but somebody's got to do it - very special somebodies. I slept for two days afterward.

FLORIDA MEDICAL ASSOCIATION 117th ANNUAL MEETING

The House of Delegates of the FMA met in Orlando September 25-29, 1991. The Lower West Coast Caucus met for breakfast each morning to discuss the days activities. Over 100 resolutions were considered in five Reference Committees by the 432 physicians representing their counties.



Delegates from Lee County:

1st Row: William P. Evans, M.D.; Valerie C. Moore, M.D.; Phillip E. Andrews, M.D.

2nd Row: Ronald J. Delans, M.D.; Donn O. Fuller, M.D.; Steven R. West, M.D.; Kim L.

Spear, M.D.; Larry P. Garrett, M.D., Chairman of the Lee Delegation; Robert E. Arnall, M.D.

Not Pictured: Rodger W. Shaver, M.D. and Joseph P. Walker, M.D.

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LEE COUNTY MEDICAL SOCIETY BULLETIN

3805 Fowler Street Fort Myers, Florida 33901 Phone (813) 936-1645

The Lee County Medical Society Bulletin is published monthly with the June and August editions omitted.

CO-EDITORS Francis L. Howington, M.D. John W. Snead, M.D. Mary C. Blue, M.D. EDITORIAL BOARD PRESIDENT

William P Evans, M.D. PRESIDENT-ELECT Valerie C. Moore, M.D. SECRETARY

Rodger W. Shaver, M.D. TREASURER

Phillip E. Andrews, M.D. MEMBERS-AT-LARGE Ronald J. Delans, M.D. Donn O. Fuller, M.D. Steven R. West, M.D.

PAST PRESIDENT Kim L. Spear, M.D. MANAGING EDITOR Ann Wilke - 936-1645

The Editor welcomes contributions from the members. Opinions expressed in the Bulletin are those of the individual authors and do not necessarily reflect policies of the Society

PRESIDENT'S MESSAGE

(continued from page 1)

PRO State contract renewal. There were very divided opinions concerning this. Some Delegates felt it would antagonize certain members of the Association, with the FMA becoming the "bad guys" in policing their own members. The majority, however, felt that it was best for us to police ourselves; and try to improve the PRO review process. Although, should we get the bid, we will have to follow HCFA rules. The FMA will have to follow HCFA fules. The FMA will bid for the PRO state contract in conjunction with the Pennsylvania State Medical Society as a co-sponsor. The reason for this is that the Pennsylvania State Medical Society also runs their own

State Medical Society also runs their own PRO and we can use their expertise to develop the contract bid and work out the start up problems.

Thirdly, AIDS was a major topic. A concise resolution was adopted by the House of Delegates which rejected mandatory physician testing, but encourages voluntary testing of all physicians performing high-risk procedures. The resolution also encouraged legislation which would allow physicians to test patients for HIV allow physicians to test patients for HIV when clinically indicated, and would also allow these results to become part of the patient's regular record. If adopted, this would bring welcome relief to physicians, and permit us to treat AIDS as a disease.

If there are any questions concerning these or other resolutions, or, if you would like a copy of the other resolutions discussed at the Meeting please call the Medical Society office. please call the Medical Society office.

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DISNEY DISCOUNT CARD

The Disney World and Disney-land Discount Card is now avail-able through the Walt Disney Magic Kingdom Club, offered by the Lee County Medical Society. If you would like to receive the dis-count card, you may do so by con-tacting our office, 936-1645.

OCTOBER SOCIETY MEETING

NEW MEMBERS APPROVED

Stuart Bobman, M.D. Ralph Gregg, M.D. Keith L. Miller, M.D. David I. Rosenthal, M.D. Craig R. Sweet, M.D. Mohamed M. Faisal, M.D.

Paul R. Bretton, M.D. Kurt W. Markgraf, M.D. Mark O'Konski, M.D. Larry A. Sapp, M.D. Paul L. Yudelman, M.D. Karl G. Sieg, M.D.

Rathna Bushan, M.D. Deborah C. Miller, M.D. David M. Pon, M.D. David M. Spellberg, M.D. Mary F. Charlton, M.D.

DISCUSSIONS

Brief presentation on joint ventures and clinical labs by Gregory Krill, M.D.

Physicians Drug Testing was discussed. Dr. William Evans, President gave a brief overview of the FMA Annual Meeting. Pictured below are several of our Delegates hard at work.



Phillip E. Andrews, M.D.; William P. Evans, M.D. and Ronald J. Delans, M.D.

Interaction and discussions are important at the FMA Annual Meeting. Dr. Garrett, Chairman of our Delegation from Lee talks to Mr. Scotty Fraser, FMA Lobbyist and Dr. Robert Windom, FMA Spokesperson.



Scotty Fraser; Robert Windom, M.D. and Larry P. Garrett, M.D.

ANNOUNCEMENTS

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Edith Potter Lectureship will be held Monday, November 18, 1991 at 4:00 p.m. in the Barbara B. Mann Performing Arts Hall. Dr. Mark Goldman, Professor and Director of Clinical Psychology at USF will speak on "Alcohol and Substance Abuse". The Lectureship is free to the public and we encourage you to attend. It was suggested that the Medical Society recognize at a special time the efforts of the Physicians at the Senior Friendship Center and we will be working on this project.

PROGRAM

Jerry S. Kantor, M.D., Psychiatrist in Lee County gave a "Summary of New Approaches to Alcoholism and Drug Addition".

Dr. Kantor summarized the serious medical and social consequences of alcoholism

and drug addiction. More than 10% of our country's annual fatalities are alcohol related; we spend 20% of our hospital budget and 12% of our entire healthcare budget on the complications of alcoholism.

on the complications of alcoholism.

Since only 2% of patients with alcoholism and drug addiction will achieve a stable state of sobriety without treatment, the vast majority of patients will worsen over time unless they accept help. Dr. Kantor discussed five areas of innovation, which have improved on the tried and true Twelve Steps of AA. These five areas include: making effective rehabilitation treatment available on an outpatient basis, identifying and treating underlying psychological and social problems that make people more vulnerable to addiction, diagnosing coexisting psychiatric disorders such as Major Depression or Panic Disorder, identifying and treating family problems that arise out of addicted family systems, and the application of relapse prevention training.

PHYSICIANS IN THE NEWS CONGRATULATIONS

William N. Harwin, M.D. was elected Treasurer of the Florida Society of Clinical

T.T. (Sam) Knight, M.D. was elected President of the Florida Surgical Society.



OPINIONS - EDITORIALS LETTERS TO THE EDITOR

John W. Snead, M.D.

DO YOU THINK THE CANADIAN HEALTH CARE SYSTEM WILL COME TO THE UNITED STATES?



"No, the American People would not tolerate rationed care.

Robert Newman, M.D., Psychiatry



"No, I think they will patch the cur-rent system and get employers to share the burden.

Joseph P. Walker, M.D., Ophthalmology



"We won't see the Canadian health system instituted in the United States. I think we are destined for

some form of national health, but by the time it can be proclaimed the Canadian health delivery system will be bankrupt. John D. Donaldson, M.D., Otolaryngology



"No, I think our health care system will go through some changes in the next years. Americans have

different expectations and our system will change but continue to be a unique system. Kim L. Spear, M.D., Dermatology



"Probably, to some degree, not in its full form."

John Fifer, M.D., Orthopedics



"No, the American public would not tolerate the hassle.

Rex Stubbs Jr., M.D., Obstetrics & Gynecology

NEXT MONTH'S QUESTION

What is the most important Health Care reform to be enacted by Congress?

Send your comments to the Medical Society.

Bulletin deadline is the 15th of each month . . . we want to see you in the print media!

WHAT'S NEW?

Current News & Happenings At Area Hospitals

CAPE CORAL HOSPITAL

F. Michael Roberts, Vice President of Cape Coral Hospital, was recently chosen President of the Statewide Health Council and will lead the group on its new mission. The Statewide Health Council has advised state government since 1984, and now the Legislature has asked the council to come up with a plan for Florida's health care system

by 1993.

The plan must ensure that residents take a more active role in their health; have clean air, water, and nutritious food; and that all Floridians have access to affordable health care. The plan, required by Florida law, will have an impact on the private and public

health care systems through 1995.

In September, Cape Coral Hospital's Radiology Department purchased some new state-of-the-art equipment: a CT scanner, nuclear camera, and a Fuji laser camera and processor. The Fuji camera and processor takes the images from the CT scanner and nuclear camera, and puts them on film. Use of the CT scanner is now available on Saturdays between 8 arm and 4:30 p.m. to provide action according to provide action according to the CT scanner. Saturdays between 8 a.m. and 4:30 p.m. to provide easier access for people who work

Physicians at Cape Coral Hospital can expect a little more elbow room in the physician dining area, which will soon be rearranged to include more tables. Full meals will be served in the Physician's Dining Room on both Thanksgiving and

LEE MEMORIAL HOSPITAL

Christmas Day.

HEALTHPARK MEDICAL CENTER OPEN HOUSE PLANNED

Celebrating Lee Memorial Hospital's 75 years of service to the community, the Lee Memorial Hospital Board of Directors will have a special open house of HealthPark Medical Center for the public on Sunday, November 24, from 1:30 to 6 p.m. Dedication

is at 1 p.m.
Special buses will provide transportation to and from offsite parking locations at Summerlin Square, Edison Community College and Gulf Point Shopping Center. HealthPark Medical Center opens December 2. Please call Public Relations at 334-5314 for more information.

MEDICAL STAFF EXECUTIVE COMMITTEE NAMED

Lee Memorial Hospital also recently welcomed Peter M. Sidell, M.D., as President of the Medical Staff in October. Dr. Sidell, a thoracic surgeon, has been on Lee Memorial's Medical Staff since 1977. He attended Medical School at the University of California at Los Angeles and his internship and residency were at Mayo Graduate School, Rochester, Minnesota.

Rochester, Minnesota.

Also on LMH's 1991-92 Medical Staff Executive Committee are Donald E. Gerson, M.D., Department of Radiology and past president; Paul D. Mantell, M.D., Department of Medicine; Thomas E. Kowalsky, M.D., Department of Surgery; Randall P. Cowdin, M.D., Department of Obstetrics and Gynecology; George Kalemeris, M.D., Department of Pathology; Manuel J. Mon, M.D., Pediatrics; and Joseph D. Lemmons, D.O., Department of Emergency Medicine.

SOUTHWEST FLORIDA REGIONAL MEDICAL CENTER THE HEART INSTITUTE TAKING PART IN LASER CLINICAL STUDY

On September 25, The Heart Institute at Southwest Regional Medical Center became one of 16 sites in the United States in which cardiologists used an Eclipse Laser to open blocked coronary arteries. Douglas Murphy-Chutorian, M.D., cardiologist and inventor of the laser, personally conducted intense training sessions with local cardiologists and members of the hospital's Catheterization Laboratory team.

cardiologists and members of the hospital's Catheterization Laboratory team

The Eclipse, a cold laser, is used to open obstructed coronary arteries. The laser catheter-contains a holmium-based laser crystal light, fed through an optic fiber. The catheter is advanced through the groin artery to the blockage in the coronary vessel. The laser is powered, vaporizing the plaque, transforming it into water and carbon dioxide. After the laser is used to open the blockage, balloon angioplasty or atherectomy is used to further open the artery.

The Eclipse Laser extends options for patients. The catheter is much smaller and more pliable than the atherectomy catheters and can therefore be used equally on men and women. Dr. Murphy-Chutorian feels FDA approval for general use of the Eclipse laser will be granted in 1992.

****** **FLU SEASON**

"With Flu Season fast approaching, we would like to remind physicians that vaccination of high risk persons each year before the influenza season is currently the most effective measure for reducing the impact of influenza," said Dr. Stephen Zellner, spokesperson for the Lee County Influenza and Pneumonia Coalition. "The current vaccine contains three virus strains (two type A and one type B): A/Taiwan/1/86-like (H1N1); A/Bejing/353/89-like (H3N2); B/Panama/45/90-like. Please note that remaining 1990-91 vaccine should not be used!

November is the optimal time for organized vaccination campaigns for high risk persons which include: persons 65 years or older, residents of nursing homes and other chronic care facilities, and adults and children with chronic disorders of the pulmonary or cardiovascular systems, including children with asthma."

To receive more information on the flu for your office, please call the American Lung Association at 275-7577.

Association at 275-7577.

ITS TIME FOR TENNIS!!

On Sunday, November 17th, the Lee County Medical Society Auxillary is having a mixed doubles tennis tournament. We are planning this as a fun alternative to our regularly scheduled November meeting.

We will meet at Fiddlesticks Country Club from 1 p.m. to 5:30 p.m. If you can join us, please R.S.V.P. by Monday, November 11th to Janice Heligman at 768-2839 or Mary Ellen Petersen at 481-6770.

The cost is \$10.00 per person.

We hope to serve up some fun and have a ball!

FMA MEETING

(continued from page 1)

VALERIE CRANDALL MOORE, M.D., DELEGATE

VALERIE CRANDALL MOORE, M.D., DELEGATE

Thank you very much for allowing me to be your delegate at the Florida Medical Association annual meeting. I monitored the meeting of the reference committee on health and education. There was a resolution endorsing the Diabetes 2000, a program of the Florida Society of Ophthalmology that is to provide examinations for persons with diabetic retinopathy at a reduced or no fee when necessary. The two most important issues of the meeting were the PRO and HIV testing. The delegates endorsed voluntary HIV testing of physicians and testing of patients as indicated. The Leadership Conference of the Florida Medical Association is January 8th-10th at Ponte Vedra, Florida. I hope that all of you will consider putting that on your calendar and going. The annual meeting of the Florida Medical Association has been changed from September to May.

If you have any questions about the participation of the delegation or the house of delegates, please feel free to contact me.

STEVEN R. WEST, M.D., DELEGATE

The annual meeting of the House of Delegates of The Florida Medical Association was quite memorable for several items and issues that were discussed. Probably the most significant issue discussed as far as the future of the FMA and the future of medicine in Florida was regarding the FMA placing a bid as a joint venture with Pennsylvania for the contract for the Florida PRO.

The FMA feels that certainly its administration of the PRO couldn't be any worse

than the present PRO.

The FMA feels that certainly its administration of the PRO couldn't be any worse than the present PRO.

There was a large amount of discussion and concern regarding the possibility that the FMA running the PRO would hurt its membership since physicians might become angry with the PRO and direct that anger toward the FMA. However again it is felt that if physicians do not take a proactive approach and do not try to control their own destinies, others such as The Professional Foundation for Health Care in Florida, our current PRO, will do it for us.

Other issues discussed and considered by the FMA included AIDS: As you know, HIV testing is very controversial at the current time and is in the news with the Bergalis story. The resolution reads: Resolved, that The Florida Medical Assocation pursue all means possible to enact legislation that would allow physicians within the state of Florida to test for HIV when clinically indicated and be it further resolved that all HIV positive test results be reported to The County Health Departments for contact tracing and counseling and; be it further resolved, that the HIV test results be part of the patient's regular medical record and chart and; be it further resolved, that the FMA urge physicians and other health care workers involved in invasive procedures undergo voluntary testing for HIV and; be it further resolved, that if HIV testing of physicians or health care workers is positive, we support practice restrictions according to the CDC guidelines and; be it further resolved, that if HIV testing leads to practice restrictions, then such physicians should be declared eligible fully for any and all disability accruing to them.

Other items of note: The FMA approved resolutions to amend its bylaws so that more physicians of osteopathy could participate in the FMA and the local County Medical Societtes.

Medical Societies.

Medical Societies.
In summary, many controversial and important items were discussed. The Florida Medical Association is attempting to represent the Florida Physicians in a positive light. The FMA is comitted to improving health care for all Floridians. It discussed and is going to actively petition the legislature of Florida with its program for comprehensive health care called "Health Access Florida". Certainly we should all write our legislators in support of this concept, which will not only provide quality medical care to the people of the state of Florida, but will also ensure that everyone can have access to this care.



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ELECTIONS NOVEMBER MEETING

The following slate of nominations for the 1992 Officers of the Lee County Medical Society is presented for your consideration. The membership will vote at the November 18, 1991 General Membership Meeting. If you wish to nominate someone else for an office, please be sure to have that person's approval before nominating from the floor.

President Elect

Phillip E. Andrews, M.D.

Treasurer

Rodger W. Shaver, M.D. Ronald J. Delans, M.D.

Secretary

Members-At-Large

Steven R. West, M.D. (1992) John W. Snead, M.D. (1993)

Grievance Committee Chairman

Dale E. Fell, M.D.

Board of Censors (2) (3 Years) Patricia A. Miller, M.D. (1994) Daniel R. Schwartz, M.D. (1994)

FMA Delegates
Phillip E. Andrews, M.D.
Robert E. Arnall, M.D.
Ronald J. Delans, M.D.
William P. Evans, M.D.
Larry P. Garrett, M.D.
Francis L. Howington, M.D.
Valerie C. Moore, M.D.
Rodger W. Shaver, M.D.
Kim L. Spear, M.D.
Steven R. West, M.D.

Alternates

Alternates
John Bruno, M.D.
Donn Fuller, M.D.
Wallace M. Graves, M.D.
T.T. Knight, M.D.
George C. Kalermeris, M.D.
Steven E. Levine, M.D.
Felix R. Mestas, M.D.
Edward Salko Jr., D.O.
John W. Snead, M.D.
Joseph P. Walker, M.D.

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ANNOUNCEMENTS

1992 DOCTOR OF THE DAY PROGRAM - The Florida Legislative Session begins January 14 and is scheduled to adjourn March 13. During the Session, the FMA schedules physicians to serve as Doctor of the Day. Contact Ms. Sandy Hodgins, FMA Capital Office, at (904) 224-6496 to make arrangements.

FLORIDA NURSES ASSOCIATION, DISTRICT SEVEN is seeking nomination for Nurse and Physician teams for a program in February 1992 on "Collaborate Practice". Mail nominations to Mary Bonnette, RN, MSN, 2780 Cleveland Avenue, Suite 607, Ft. Myers,

FLORIDA POWER CORPORATION is looking for a Physician Manager in Health Services, Crystal River. Call (813) 866-5400.

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MEDICAL SOCIETY MEETING Royal Palm Yacht Club

Cocktails 6:30 Dinner 7:00 P.M.

NOVEMBER 18, 1991

SPEAKER: Gary J. Clarke Assistant Secretary, HRS

"Florida's Medicaid Program" "DINNER BY - RESERVATIONS ONLY" PLEASE!!!

LEE COUNTY MEDICAL SOCIETY P.O. BOX 06041 Fort Myers, Florida 33906-6041

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